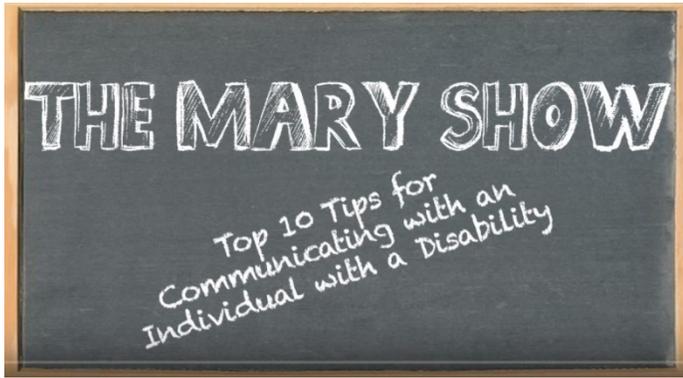


Mary's Top Ten List Project



Description: Learn the top 10 tips for talking to someone with a disability and then put it into practice.

Time to Complete: 15-30 minutes

Supplies Level: Light

Tags: Pre-K – 2nd, 3rd – 5th Grade , Acceptance, Developing Character

Knowing how to talk to someone with a disability is not always easy. This video and a little practice will help you strike up a conversation, and hopefully make a new friend, with someone with disability.

Steps to Complete

Step 1: Watch “*The Mary Show: Top 10 Tips for Communicating with an Individual with a Disability.*” This video can be accessed at <https://youtu.be/SoWNenEObu0>.

Step 2: Complete page 2, where you decide which of the 10 tips you think are most important and why. Circle those three.

Step 3: Take time to practice using those skills at school or out in the community. Write a story about the experience on the page below. If you aren’t ready to practice them live, you can write a pretend story or draw a picture of a child or adult making a new friend with a disability by using these tips.



We’d love to know what you thought of this project. Be sure to go back to the project page on Inside Out Club @Home and leave a review!



Mary's Top 10 List Discussion

Instructions: Review Mary's list of 10 tips and discuss which three you believe are the most important. Circle those three and write below why you believe those are the most important.

1. Always treat individuals with disabilities with the same respect you would give to anyone else
2. Speak directly to individuals with disabilities rather than to their parent or aid
3. Establish open communication about their abilities and limitations
4. Don't be afraid to ask questions
5. Don't assume that someone has additional disabilities just because you can see that they have one
6. Offer individuals with disabilities a choice whenever it's appropriate, but don't over adapt something just because you think they need it
7. Don't mistake their disability for a serious illness or disease
8. Don't be afraid to ask for help
9. Sometimes it may take individuals with disabilities a little longer; be patient
10. Never ever assume that you know everything about a disability

I believe the three circled above are the most important because _____



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